

Subjective assessment: skills

Please complete this form and add it to your **Appraisal and Revalidation portfolio**.

Note down what you know about your skills and what you perceive to be a learning need.

Topic	What you know/can do	Perceived learning need
Team working and communication	<i>Tend to be an individual Poor communicator.</i>	<i>Communication skills Look at emotions about issues. Better team player.</i>
Effective working practices	<i>Time-keeping in surgeries poor due to workload.</i>	<i>Audit surgeries and time-keeping.</i>
Using computer	<i>Good.</i>	<i>None.</i>
Competence	<i>Good in most clinical areas. Ophthalmology needs updating.</i>	<i>Ophthalmology update for GPs.</i>
Specialist areas	<i>Pain. Occupational health. Psychiatry.</i>	<i>Identify areas of shortfall.</i>
Personal management e.g. time, assertiveness	<i>Poor.</i>	<i>Better strategies and understanding of personal management skills.</i>
Other (add your own)		

Your name:

Signed:

Date: